

Rise and Climb Adventure Course Covid -19 Attestation

I declare by signing this form that I have not been outside of PEI within the last 14 days and am not required to self-isolate.

I declare by signing this form that I am not experiencing any symptoms of Covid-19 today including:

- cough (new or exacerbated chronic)
- headache
- fever/chills
- sore throat
- marked fatigue
- sneezing
- congestion
- body aches
- runny nose

I declare by signing this form that I understand and agree that Rise and Climb Adventure Course, and its staff, will be taking reasonable precautions to maintain social distancing. I understand and agree that, for safety reasons, staff may need to get close to:

- perform gear check
- assist participants
- operate the auto-belay systems (zip n drop and plunge)
- perform rescues

Name of Participant	Signature of Participant
Date	Signature of Parent/Guardian (if participant is under 18 years)